

Random Act of Kindness Day

Ways To Celebrate

1. Smile at or say hello to a stranger
2. Compliment a friend
3. Hold the door open for someone
4. Pay for the next person in line's coffee or snack
5. Donate your time to volunteer efforts
6. Help out an elderly neighbor or relative with groceries
7. Call a friend to check in
8. Donate clothing, canned food or toys
9. Give up your seat on public transportation
10. Show your appreciation more

BE KIND
TO ALL
KIND



Kindness
MATTERS



**SPRINGFIELD
BOYS & GIRLS CLUB**